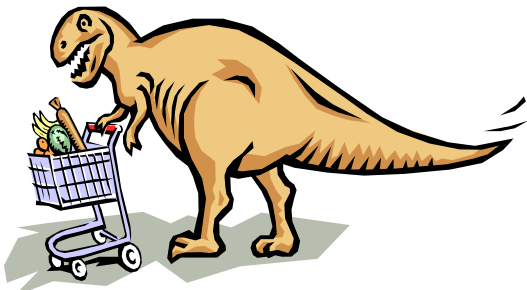






## Learning Games at the Grocery Store




### Make It A Game






### Search It Out!

-  Who can see the bananas?
-  How many B's can you find on signs?
-  Who can find the potatoes first?
-  I see something green with stripes, what is it?

### 1...2...3...4...5... Count Away!







-  Count the tennis shoes on people's feet.
-  How many steps does it take to walk from the tuna fish to the tomato soup?
-  Add up the number of fruits in your cart.

### Fun With Words

-  Let's sing about things you can make from tomato paste.
-  Make up silly words that rhyme (broccoli, zoccoli, sockoli).
-  Whisper the names of the cereals as you stroll by.

### Kids Can HELP Too!



-  Ask your child to choose a healthy new food to try (a new fruit, a new flavor of cheese, a different type of dried bean).
-  Ask your child to help you decide. Red or green apples? Chocolate or vanilla pudding?
-  Let your child choose the firmest apples, the biggest potatoes, the cheapest tomatoes.
-  Send an older child to compare the price of fresh, frozen and canned peaches.
-  Invite your child to check items off your list as they go in the basket.
-  Unpack and put away the groceries together.

# Learning Games at the Grocery Store



Let your child know how much you appreciate him or her after your successful shopping trip.

🐘 Thank you for being so helpful!

🐘 I'm glad I could count on you to find all the things we need to make our dinner.